

**WHAT ARE YOUR CORE VALUES?** Core values are a description of your character, how you behave and what you are like. They hold strong no matter what! Especially in times of stress & temptation. Core values help you make decisions that you will hold true to your most inner self. This list is not exhaustive, but gives you an idea of some common core values (also called personal values).

Acceptance	Dependability	Improvement	Reason
Accountability	Determination	Independence	Reflective
Accuracy	Devotion	Individuality	Respect
Adaptability	Dignity	Innovation	Responsibility
Alertness	Discipline	Insightful	Restraint
Altruism	Drive	Inspiring	Results-oriented
Assertiveness	Effectiveness	Integrity	Satisfaction
Attentive	Efficiency	Intelligence	Self-reliance
Balance	Empathy	Intuitive	Selfless
Boldness	Empower	Justice	Service
Brave	Endurance	Kindness	Sharing
Calm	Energy	Knowledge	Simplicity
Candor	Enjoyment	Lawful	Sincerity
Capable	Enthusiasm	Leadership	Spirituality
Careful	Equality	Learning	Strength
Charity	Ethical	Love	Support
Commitment	Excellence	Loyalty	Teamwork
Common sense	Fairness	Mastery	Thankful
Communication	Family	Maturity	Thorough
Community	Famous	Motivation	Thoughtful
Compassion	Fearless	Openness	Tolerance
Competence	Fidelity	Optimism	Transparency
Confidence	Focus	Organization	Trustworthy
Connection	Fun	Originality	Truth
Consciousness	Generosity	Passion	Understanding
Contentment	Gratitude	Patience	Uniqueness
Cooperation	Growth	Peace	Unity
Courage	Harmony	Persistence	Valor
Courtesy	Health	Playfulness	Vitality
Creativity	Honesty	Productivity	Welcoming
Curiosity	Honour	Professionalism	Wisdom
Decisive	Hope	Quality	Wonder
Dedication	Humility	Realistic	

**CORE VALUES AND VISION STATEMENTS** – Core values, in combination with vision statements, are a powerful tool in living a life that's in-tune with your passions and purpose. To learn how to create your own core values and vision statement, check out [My Visual Vision Statement Workbook](#).